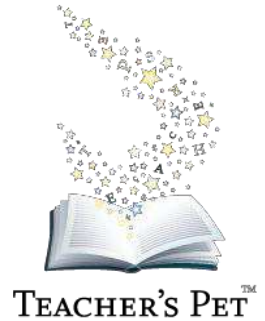


Healthy Me

TEACHER PACKAGE

Thank you for booking a Teacher's Pet In-School Field Trip!



In this package, you will find some key documents that will help you prepare for your upcoming fieldtrip. This package includes:

- ✓ Field Trip Form
- ✓ Checklist Letter
- ✓ Learning outcomes that will be explored during the fieldtrip
- ✓ Information Sheets about payments and volunteers

★ Please use the Checklist Letter as your guide as you prepare your classroom for our visit.

Please note that all documents are copyrighted and any reproduction or distribution of these documents electronically or otherwise, in whole or in part, is strictly prohibited except for the purposes of this singular scheduled fieldtrip.

If you have any questions, please feel free to contact us at

- ★ 780 434 8224
- ★ 1-888-634-8738 for Calgary
- ★ Email: fieldtrips@tpet.ca

We are looking forward to visiting your classroom and engaging your students in an energetic and interactive learning experience!

Best wishes,

The Teacher's Pet Team



No bus needed!
We come to your classroom!

Payments

Please note our Payment Policy:



1. You will be invoiced once the field trip has taken place. This invoice will be emailed to you. Kindly forward the invoice to your office for payment.
2. Payments may be by cheque or credit card.
3. If paying by cheque, please make the cheque out to **Teacher's Pet Educational Services** and mail to:
Teacher's Pet Educational Services
11215-180 Street
Edmonton, AB
T5S 0B4
4. If paying by credit card, please call the office at:
780 434 8224 (Edmonton)
1 888 634 8738

Please note: We are an approved vendor in your school district.

Volunteers

Volunteers are an integral part of your classroom and during this field trip. On your checklist letter and on the field trip form, you will find a suggested number of volunteers that are needed for this event. Please be aware that there may be components of this field trip where volunteers will need to read English. If this is difficult for some of your volunteers, we will try to place them at stations with little or no reading but this is not always possible.



Student Booklets



Teacher's Pet is going green! We are committed to helping the environment in accordance with green initiatives undertaken within schools. We are currently in the process of reducing the length of or eliminating the student booklets that have been used in our field trips. We understand that photocopying costs are steep and excess paper usage is not good for the environment.

As change takes time, some our field trips will still have a reproducible student booklet this year. We thank you for your patience during this time of transition.



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IN-SCHOOL FIELD TRIP FORM

A Teacher’s Pet Educational Services In–School Field Trip is visiting our classroom! Our students will have an opportunity to participate in interactive stations while learning several key components of the curriculum.

Here is brief outline of our learning adventure!

Healthy Me

Students will embark on an interactive journey as they learn about hand washing, teeth brushing, feelings, food and more! Students will try finding plaque on giant teeth, build a food pyramid, discover how germs spread with a black light and so much more as they discover just what it takes to keep our bodies in tip top shape.



Date of presentation: _____ Time of presentation: _____

Cost: _____ Please return your payment for this event by _____

✂ -----

I hereby give my son/daughter _____ permission to participate in the Healthy Me In-School Fieldtrip on _____ at _____ AM/PM.

Date: _____ Signature: _____

Amount enclosed: _____

In order for your child to receive the maximum benefit from this field trip, we will require 3 volunteers to help out in station activities. Please arrive at least 15 minutes before the scheduled field trip time to receive instructions.

- I will be able to volunteer.
Name/phone number: _____

- I am sorry, but I will not be able to volunteer.



Healthy Me

CHECKLIST

The following is a checklist to help you prepare for this exciting event. We kindly recommend that this checklist is followed to ensure a smooth and productive field trip.

Before the field trip:

- If it is your policy to send home a field trip form letter for in-school field trips, you are welcome to use the one included in this package. It has been provided for your convenience!
- 3 volunteers are required and they should arrive at least 15 minutes prior to the beginning of the field trip.
- Please prepare name tags for your students.

Day of the field trip:

- Please organize your classroom in the following way:
 - Please have 4 “station” areas. These can be tables or desks pushed together. The students will be using this area to work on their posters.
 - Please have an open area (carpet area) available for movement and story activities.
 - We will require access to a sink, hand soap and paper towels.
 - Access to a CD player and plug in is required.
- Please provide each student with a name tag.
- The Teacher’s Pet representative will arrive approximately 20-30 minutes prior to the scheduled field trip to setup stations and talk to parent volunteers.



During the field trip:

- Students will participate in a variety of songs, movement and station activities that will encourage them to explore how we keep our bodies healthy.
- The Teacher’s Pet representative does not replace the classroom teacher. It is beneficial for the classroom teacher to roam freely to provide positive reinforcement and troubleshoot. This is a great opportunity to monitor and assess your students’ learning!
- Since students are quite involved during the field trip, it is necessary for them to stay in for recess.

After the field trip:

- Please fill out the online evaluation form found at <https://tpet.wufoo.com/forms/r7x3a7/> . Your input is very valuable and very much appreciated!

Payment:

- Please refer to the Payment section included on the “For Your Information...” page for detailed information about our Payment Policy.

Please contact us if you have any questions or comments. Thank you for allowing us the privilege of visiting your classroom!

Best wishes,

The Teacher’s Pet Team

Healthy Me

LEARNER OUTCOMES

The following **Learner Outcomes** are explored to varying degrees within the 1.5 hour Kindergarten In-School Field Trip, Healthy Me.

General Outcome: Wellness Choices

Students will make responsible and informed choices to maintain health and to promote safety for self and others.

S.L.E – *Students will:*

W-K.1 : describe ways, and make choices, to be physically active daily

W-K.2 : identify and use positive hygiene and health care habits; e.g., hand-washing, dental care, wearing appropriate clothing for prevailing conditions

W–K.5 recognize that nutritious foods are needed for growth and to feel good/have energy; e. g., nutritious snacks

General Outcome: Relationship Choices

Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

S.L.E – *Students will:*

R-K.1 : demonstrate knowledge of different kinds of feelings and vocabulary of feeling words; e.g., happiness, excitement

R-K.2 : explore the relationship between feelings and behaviours; e.g., feelings are okay, but not all behaviours are okay

R-K.3 : identify situations where strong feelings could result

